

## **Course content for Integrated Healing modules:**

### **Healing Foundations (Introduction to Kinesiology)**

Healing Foundation gives you the basics of Kinesiology and is the stepping stone for our more advanced workshops mentioned below.

- Energy Balancing and muscle testing
- Indicator Muscle testing with various muscle groups
- Determining a reliable Indicator Muscle with pre-test
- Hand-on energy healing, Chakras, Alarm points and Body scanning
- Healing protocols for corrections:
  - Correction for Pain
  - Correction for KNOWN Emotional Issues
  - Clearing Negative Emotional States
  - Correction for Stress

### **Healing Pathways (Module 1)**

Healing Pathways gives you the foundation on which all of Integrated Healing is built.

- The Human Hologram and its implications for kinesiologists
- A much simpler way of stacking that eliminates the need for hip and jaw stacking
- The Healing Pathway Protocol
- Root Cause – Origin and Understanding
- The Universal Energy Model
- The Body's Energy Model
- Hands-on Healing Corrections
- Holographic Corrections
- Clearing Self-Sabotage Program

It also includes the 'tools-for-change' used in Neuro-Linguistic Programming to:

- Ensure that the client creates a clearly defined outcome
- Confirm that the client 'Chooses' their new healed state
- Expose any secondary gain programs that may hinder the client's healing
- Fill the 'void' that may be left by clearing redundant programs
- Make sure that the client 'Owns' their healed state
- Test and reinforce the client's 'Knowing and Believing' that healing has taken place

## **Healing Concepts (Module 2)**

Healing Concepts builds on the Healing Pathway Protocol giving you a structure that is **completely safe** for working with those deep seated issues listed below. It also gives you the confidence to know that whatever other issues/dysfunctions a client presents, you WILL be able to work with them. In IH you don't need to know anything about their diseased state, and you will never be worrying if you are using the correct approach/correction, because you will be 100% guided by the wisdom of the client's being.

### **The Issues addressed in Healing Concepts:**

Inner Child Healing  
Cutting Negative Energetic Cords  
Clearing Invasive Energies  
Soul Integration  
Age Recession  
Clearing Negative Amygdala Memories  
Restoring Assemblage Point to Optimum Location  
Clearing Redundant Vows  
Clearing Deep Level Neurological Switching  
Restoring Blueprint States  
Clearing & Balancing Chakras  
Chakra Self-Clearing  
Chamber of Memories  
Clearing Imprints  
Finding Root Cause  
Clearing Sabotage Programs  
Accessing Future and Past Healed States  
Hologram Access Points  
Aura Hook-ups for Integration  
Energy Grounding  
Surrogacies

## **Scan Charts For Information On The Following:**

Chakras

Chakra Scanner – Front Gateways

Chakra Scanner – Rear Gateways

Energy Map

Christ Consciousness/Universal Love

Crystals

Messages from Inner Child/Soul

Sabotage

Vision

Finger Modes

### **OPTIONAL:**

Healing Pathways and Healing Concepts will give you a complete system for very deep and profound sessions. You also have the option to incorporate easy procedures for working with the physical body (Healing Body), and Life-Coaching and NLP skills (Healing Mind), into your work, by doing either or both Modules 3 and 4.

## **Healing Body (Module 3)**

Healing Body gives you easy ways to address structural and physiological dysfunctions

- Re-introduces the power of ancient Hands-on Healing techniques
- Gives you simple procedures to be a more powerful channel for healing energy
- You will learn how to focus energy and how to boost your receiving and channelling energy through breathing and entrainment techniques

This module will teach you **easy, non-invasive, safe** ways to work with the following:

### **Physical Corrections (Short Protocols)**

Spine and Back Problems

Atlas and Axis

Releasing Cranial Stress

TMJ

Sphenoid

Structural Alignment – Correcting the 7 Parallels

Fascia/Muscle/Bone Corrections – Working at 3 levels

Lines of Stress – Following the 'lines of stress' through the body's inter-connected holographic matrix

Hip Rotation – Often the reason behind knee and ankle problems

### **In-depth Protocols**

DNA – Clearing its cellular environment

Stress Response – Synchronising AHP

Medical Implants – Accepting Implants/Prosthetics

Thyroid – Thyroid-Hypothalamus-Pituitary function correction

### **Isometric Corrections**

A simple technique with a very high success rate for physical, emotional and spiritual dysfunctions

### **Integrated Touch**

Releasing the emotions related to physical dysfunction

### **Brain Integration**

An easy technique to restore Brain Integration

## **Healing Mind (Module 4)**

In the Healing Pathways Protocol we introduced some NLP principles such as clearly defined goals, taking ownership of the change, knowing and believing in the change work etc. In Healing Mind we will be taking this a step further to focus more specifically on the benefits of NLP and Life Coaching as 'tools-for-change' within the kinesiology balance.

### **For better interaction skills you will learn how to:**

- Get a better understanding of client behaviour
- Easier and more effective communication with your clients
- Relate to clients from their point of reference or '*their map of the world*'
- 'Read' your clients better
- 'Hear' what is not being said
- 'Guide-without-guiding' by asking empowering questions

### **To give you the tools to facilitate change we will cover:**

- The Conscious and Unconscious Mind
- Principles of Life Coaching
- Principles of NLP
- Applying NLP and Life Coaching techniques within the Healing Pathway Protocol

- Powerful 'Tools-for-Change'
- Painful Insight Questions
- 'What-If' Scenarios
- Reframing
- Goal Setting and Well-Formed Outcomes
- How to Derive a Well-Formed Outcome
- Empowering Questions
- Statements vs Questions
- Examples of Empowering Questions
- Step Into the New You
- Silencing the Critical Voice
- Spinning Away a Negative Feeling
- The Method Actor
- Hara Point
- Anchoring
- Installing Anchors Within Balances
- Installing Personal Anchors

**Experience and Master the Protocols for addressing the following issues:**

- Self- Empowerment (Reclaiming/Reconnecting with Personal Power)
- Self-Limiting Beliefs
- Survival Programs
- Phobias and Anxiety (Clear Phobias, usually in only one session)

## **Master Class 1**

- Clearing Incongruent Belief Systems
- Radiation – Clearing Cellular Environment
- Personal Hologram Points
- Transformation Procedure
- Clearing Negative Entities

## **Master Class 2**

- Clearing Negative Generational Programs
- Balancing Endocrine System
- Aculight/Acupressure
- Activating and Balancing the Vagus Nerve
- Information and tips on Practice Building

## **Master Class 3**

- Clearing Emotional Bruising
- NILPS – (Neuro-Immuno-Lymphatic- Psychological System)
- Raise Your Vibration
- Reactivate Spiritual Layer of Aura
- Clearing Toxins

## **Master Class 4**

- Healing Relationships
- Self-Love/Relationship with Self
- Forgiveness Procedure
- Hand Hologram Points Stimulation
- Clearing Trauma and PTSD
- Emotional 'Clean Sweep'