

INTEGRATED HEALING BROUGHT TO SOUTH AFRICA BY ENERGY 2 WELLNESS

integratedhealing.co.uk



COURSE CONTENT FOR INTEGRATED HEALING MODULES



energy 2 wellness
wellness inside and out

082 574 9717

karina@e2w.co.za

e2w.co.za



Healing Foundations

Introduction to Kinesiology

Healing Foundation gives you the basics of Kinesiology and is the stepping stone for our more advanced workshops mentioned below.

- o Energy Balancing and muscle testing
- o Indicator Muscle testing with various muscle groups
- o Determining a reliable Indicator Muscle with pre-test
- o Hand-on energy healing, Chakras, Alarm points and Body scanning
- o Healing protocols for corrections:
 - o Correction for Pain
 - o Correction for KNOWN Emotional Issues
 - o Clearing Negative Emotional States
 - o Correction for Stress



Healing Pathways

Module 1

Healing Pathways gives you the foundation on which all of Integrated Healing is built.

- o The Human Hologram and its implications for kinesiologists
- o A much simpler way of stacking that eliminates the need for hip and jaw stacking
- o The Healing Pathway Protocol
- o Root Cause – Origin and Understanding
- o The Universal Energy Model
- o The Body's Energy Model
- o Hands-on Healing Corrections
- o Holographic Corrections
- o Clearing Self-Sabotage Program

It also includes the 'tools-for-change' used in Neuro-Linguistic Programming to:

- o Ensure that the client creates a clearly defined outcome
- o Confirm that the client 'Chooses' their new healed state
- o Expose any secondary gain programs that may hinder the client's healing
- o Fill the 'void' that may be left by clearing redundant programs
- o Make sure that the client 'Owns' their healed state
- o Test and reinforce the client's 'Knowing and Believing' that healing has taken place

Healing Concepts

Module 2

Healing Concepts builds on the Healing Pathway Protocol giving you a structure that is completely safe for working with those deep seated issues listed below.

It also gives you the confidence to know that whatever other issues/dysfunctions a client presents, you WILL be able to work with them. In IH you don't need to know anything about their diseased state, and you will never be worrying if you are using the correct approach/correction, because you will be 100% guided by the wisdom of the client's being.

The Issues addressed in Healing Concepts:

Inner Child Healing
Cutting Negative Energetic Cords
Clearing Invasive Energies
Soul Integration
Age Recession
Clearing Negative Amygdala Memories
Restoring Assemblage Point to Optimum Location
Clearing Redundant Vows
Clearing Deep Level Neurological Switching
Restoring Blueprint States
Clearing & Balancing Chakras
Chakra Self-Clearing Chamber of Memories
Clearing Imprints
Finding Root Cause
Clearing Sabotage Programs
Accessing Future and Past Healed States
Hologram Access Points
Aura Hook-ups for Integration
Energy Grounding
Surrogacies

Scan Charts For Information On The Following:

Chakras
Chakra Scanner - Front Gateways
Chakra Scanner - Rear Gateways
Energy Map
Christ Consciousness/Universal Love
Crystals
Messages from Inner Child/Soul
Sabotage
Vision
Finger Modes

OPTIONAL:

Healing Pathways and Healing Concepts will give you a complete system for very deep and profound sessions. You also have the option to incorporate easy procedures for working with the physical body (Healing Body), and Life-Coaching and NLP skills (Healing Mind), into your work, by doing either or both Modules 3 and 4.

Healing Body

Module 3

Healing Body gives you easy ways to address structural and physiological dysfunctions

- o Re-introduces the power of ancient Hands-on Healing techniques
- o Gives you simple procedures to be a more powerful channel for healing energy
- o You will learn how to focus energy and how to boost your receiving and channelling energy through breathing and entrainment techniques

This module will teach you easy, non-invasive, safe ways to work with the following:

Physical Corrections (Short Protocols)

Spine and Back Problems

Atlas and Axis

Releasing Cranial Stress

TMJ

Sphenoid

Structural Alignment – Correcting the 7 Parallels

Fascia/Muscle/Bone Corrections – Working at 3 levels

Lines of Stress – Following the 'lines of stress' through the body's inter-connected holographic matrix

Hip Rotation – Often the reason behind knee and ankle problems

In-depth Protocols

DNA – Clearing its cellular environment

Stress Response – Synchronising AHP

Medical Implants – Accepting Implants/Prosthetics

Thyroid – Thyroid-Hypothalamus-Pituitary function correction

Isometric Corrections

A simple technique with a very high success rate for physical, emotional and spiritual dysfunctions

Integrated Touch

Releasing the emotions related to physical dysfunction

Brain Integration

An easy technique to restore Brain Integration

Healing Mind

Module 4

In the Healing Pathways Protocol we introduced some NLP principles such as clearly defined goals, taking ownership of the change, knowing and believing in the change work etc.

In Healing Mind we will be taking this a step further to focus more specifically on the benefits of NLP and Life Coaching as 'tools-for-change' within the kinesiology balance.

For better interaction skills you will learn how to:

- o Get a better understanding of client behaviour
- o Easier and more effective communication with your clients
- o Relate to clients from their point of reference or 'their map of the world'
- o 'Read' your clients better
- o 'Hear' what is not being said
- o 'Guide-without-guiding' by asking empowering questions

To give you the tools to facilitate change we will cover:

- o Painful Insight Questions
- o 'What-If' Scenarios
- o Reframing
- o Goal Setting and Well-Formed Outcomes
- o How to Derive a Well-Formed Outcome
- o Empowering Questions
- o Statements vs Questions
- o Examples of Empowering Questions
- o Step Into the New You
- o Silencing the Critical Voice
- o Spinning Away a Negative Feeling
- o The Method Actor
- o Hara Point
- o Anchoring
- o Installing Anchors Within Balances
- o Installing Personal Anchors

Experience and Master the Protocols for addressing the following issues:

- o Self- Empowerment (Reclaiming/Reconnecting with Personal Power)
- o Self-Limiting Beliefs
- o Survival Programs
- o Phobias and Anxiety (Clear Phobias, usually in only one session)



Master Classes

Master Class 1

- o Clearing Incongruent Belief Systems
- o Radiation - Clearing Cellular Environment
- o Personal Hologram Points
- o Transformation Procedure
- o Clearing Negative Entities

Master Class 2

- o Clearing Negative Generational Programs
- o Balancing Endocrine System
- o Aculight/Acupressure
- o Activating and Balancing the Vagus Nerve
- o Information and tips on Practice Building

Master Class 3

- o Clearing Emotional Bruising
- o NILPS - (Neuro-Immuno-Lymphatic- Psychological System)
- o Raise Your Vibration
- o Reactivate Spiritual Layer of Aura
- o Clearing Toxins

Master Class 4

- o Healing Relationships
- o Self-Love/Relationship with Self
- o Forgiveness Procedure
- o Hand Hologram Points Stimulation
- o Clearing Trauma and PTSD
- o Emotional 'Clean Sweep'

2025 Course Dates

The upcoming South Africa courses will be held in:

MIDRAND, GAUTENG

Starting April & August 2025

KZN

Starting March, June & October 2025

CAPE TOWN

Starting May & September 2025

Because Integrated Healing courses are not only a place of learning,
but also a beautiful time for self-healing, -growing, and -nurture,
we have to keep courses small, therefore only limited spaces are available.

For information on exact dates visit e2w.co.za or
Contact Karina Joubert on [082 574 9717](tel:0825749717) or email
karina@e2w.co.za



**Integrated Healing is
AKA, AIK, IPTI & IICT accredited**

